Date Received: Day Month Year

Date Accepted: Day Month Year

Date Published: Day Month Year

**Recommended citation:**

Pizarro, J. P. (2023). The light explorer publishable journal format. St. Paul University Philippines.

**RESEARCH TITLE**

***(****The title should be clearly stated and to the point. It must be catchy, interesting, and relevant. It should be able to stand alone to convey the importance of the data and communicates the contents of the study. It should not be more than 20 words. ALL CAPS and is written in an inverted pyramid style.)*

*(Single-Spaced)*

**Name of Author/s[1]**

*[1]Institutional Affiliation, Campus/College/Department, Country/State*

*[1]e-mail address of the corresponding author*

*(Single-Spaced)*

*(Single-Spaced)*

***ABSTRACT***

*(Single-Spaced)*

*An abstract is “a brief, comprehensive summary of the contents of the article; it allows the reader to survey the contents of an article quickly” and contains the summary of the* ***I****ntroduction,* ***M****ethodology, &* ***R****esults and* ***D****iscussion (IMRaD). It should state the purpose of the research, the main results or findings, and major conclusions; it is also called the executive summary. The first line of the abstract is not indented. The abstract should be at least 100-250 words for quantitative studies and not more than 300 words for qualitative studies written in one paragraph.*

*(Single-Spaced)*

***Keywords:*** *at least**three**and**not more than 5 words in lower-case and in alphabetical order (discipline of the study, concepts/variables, methods, process, and geography of the study, country, continent)*

*(Single-Spaced)*

*(Single-Spaced)*

**INTRODUCTION**

*(Single-Spaced)*

The entire research article should use single line spacing, Times New Roman font style, 12 points font size, and paragraphs are justified. The length of the article should preferably be 8 to 20 pages and not more than 6,000 words. The document should be in MS Word file format. All references should be cited and documented using American Psychological Association (APA) 7th edition.

*(Single-Spaced)*

The introduction provides the background of the study. Begins with a global perspective with literature to support the argument that the problem is real and therefore must be studied. It includes the literature done on the topic for the past five years (possibly). The literature will be incorporated in the introduction establishing the need for the study.

**Statement of the Problem**

*(Single-Spaced)*

The statement of the problem transforms the generalized problem into a targeted, well-defined problem that one can resolve. It is usually divided into two parts, the general problem statement, and the specific statement of the problem. Limit it to 2 or 3 specific problem statements.

*(Single Space)*

**METHODOLOGY**

*(Single-Spaced)*

The level 1 heading is Centered in Boldface, Uppercase. Leave a space of 12 points before the beginning of a new head. Include in your full paper sufficient details to allow the work to be replicated. Use the international system of units (SI) and include the SI equivalent of other quantities mentioned. If the study deals with human subjects, informed consent is needed. If the study deals with animals, ethics protocol for animal subjects is needed. If about plants, a gratuitous permit is needed. In such cases, clearance for an Ethics Review Board is required.

*(Single-Spaced)*

**Research Design**

*(Single-Spaced)*

Level 2 heading is left aligned, boldface, title case, and. the research design and all the other parts of the methodology are written as level 2 headings.

*(Single-Spaced)*

The research design specifically mentions the type of design used in the study as well as how it is utilized in the study.

*(Single-Spaced)*

**Participants of the Study**

*(Single-Spaced)*

This part specifies the participants of the study and the population where they came from. Participants are used when humans are research participants. It should contain the sampling method utilized in the study. For animals and others, use Subjects of the Study and for collection of writings, conversations, speeches, etc., use Corpus of the Study. Characteristics of the participants/subjects should also be discussed.

*(Single-Spaced)*

**Instrumentation**

*(Single-Spaced)*

Discuss here all the instruments utilized in the study. The variables being measured by the instruments are also mentioned along with the different parts of the instruments. How will this be answered and how will it measure, along with who will answer the instruments, must be mentioned.

**Data Gathering Procedure**

*(Single-Spaced)*

This part is numbered and outlines the steps undergone by the researcher/s in data collection.

*(Single-Spaced)*

**Data Analysis**

*(Single-Spaced)*

This part discusses the statistical tools (quantitative) or the framework (qualitative) utilized to analyze the data collected.

*(Single-Spaced)*

Equations should be centered with equation numbers right aligned. If using Math Type, use the Format Equations feature to format all equations as Century + Symbol 10.

*(Single-Spaced)*

 (1)

**RESULTS AND DISCUSSION**

*(Single-Spaced)*

This section should present the summary of specific outcomes of the research. This part should contain the results, the interpretation as well as literature support as part of the discussion. Data presentation is by objectives; may include theory generation and critique of the methodology.

*(Single-Spaced)*

You can use the level 2, level 3, level 4, and level 5 headings depending on the results of your study.

*(Single-Spaced)*

**Level 3 heading.** Level 3 heading is indented, boldface, sentence case, and ending with a period. Your paragraph begins right here, in line with the heading.

*(Single-Spaced)*

***Level 4 heading.*** Level 4 heading is indented, boldface, italicized, sentence case, and ending with a period. Your paragraph begins right here, in line with the heading.

*(Single-Spaced)*

*Level 5 heading****.*** Level 4 heading is indented, italicized, sentence case, and ending with a period. Your paragraph begins right here, in line with the heading.

*(Single-Spaced)*

**Tables**

*(Single-Spaced)*

**Table 1**

*Sample Table Title*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Heading | Heading | | | |
| Sub-heading | Sub-heading | Sub-heading | Sub-heading |
| Content | Content | Content | Content | Content |
| Content | Content | Content | Content | Content |
| Content | Content | Content | Content | Content |
| Content | Content | Content | Content | Content |
| Content | Content | Content | Content | Content |
| Content | Content | Content | Content | Content |

*Note.* This is a sample table notation.

*(Single-Spaced)*

Tables will vary in size and structure depending on the data you’re presenting.

*(Single-Spaced)*

The table number is in bold above the table, the brief title is in italics, title case is below the table number. The table has no vertical lines, horizontal lines only where necessary for clarity, clear, concise labels for column and row headings, numbers consistently formatted (e.g., with the same number of decimal places), and any relevant notes below the table (Caulfield, 2022).

**Figures**

*(Single-Spaced)*

**Figure 1**

*Sample Figure Title*



*Note.* This is a sample figure notation.

*(Single-Spaced)*

Any images used within your text are called figures. Figures include data visualization graphics (e.g., graphs, diagrams, flowcharts) as well as things like photographs and artworks.

*(Single-Spaced)*

The figure number is in bold above the figure, brief title, in italics title case, under the figure number. If necessary, clear labels and legends are integrated into the image and any relevant notes below the figure.

*(Single-Spaced)*

Keep the design of figures as simple as possible. Use colors only where necessary, not just to make the image look more appealing. Reproduce the figure at an appropriate size and resolution (Caulfield, 2022).

*(Single-Spaced)*

**CONCLUSION**

*(Single-Spaced)*

This part discusses in general the implications of the data from the study. The general implications should focus on what information has been learned. If the null hypothesis was accepted, it is still necessary to analyze and explain the results. It answers the objectives; and provides judgment of the findings. Thus, the new information provided by the study should be discussed here.

*(Single-Spaced)*

**RECOMMEDATION/S**

*(Single-Spaced)*

This part outlines the recommendations to the different stakeholders who may make use of the data of the study. The researcher specifies how the study can be utilized by individuals, groups/organizations or institutions.

**Acknowledgments**

*(Single-Spaced)*

Words cannot express my gratitude to my professor and chair of my committee for her invaluable patience and feedback. I also could not have undertaken this journey without my defense committee, who generously provided knowledge and expertise. Additionally, this endeavor would not have been possible without the generous support from the MacArthur Foundation, who financed my research.

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I am also grateful to my classmates and cohort members, especially my office mates, for their editing help, late-night feedback sessions, and moral support. Thanks should also go to the librarians, research assistants, and study participants from the university, who impacted and inspired me.

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Lastly, I would be remiss in not mentioning my family, especially my parents, spouse, and children. Their belief in me has kept my spirits and motivation high during this process. I would also like to thank my cat for all the entertainment and emotional support.

*(Single-Spaced)*

This sample acknowledgment is from George (2022) in her online article titled Thesis & Dissertation Acknowledgements: Tips & Examples.

*(Single-Spaced)*

*(Single-Spaced)*

***References***

*(Single-Spaced)*

Caulfield, J. (2022, June 02). *APA Format for Tables and Figures | Annotated Examples*. Scribbr. Retrieved June 14, 2023, from <https://www.scribbr.com/apa-style/tables-and-figures/>

*(Single-Spaced)*

George, T. (2022, November 11). *Thesis & Dissertation Acknowledgements | Tips & Examples*. Scribbr. Retrieved June 15, 2023, from <https://www.scribbr.com/dissertation/acknowledgements/>

*(Single-Spaced)*

Purdue OWL. (n.d.) *APA formatting and style guide* (7th edition). <https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_formatting_and_style_guide/index.html>

*(Single-Spaced)*

The references should be listed using the APA 7th edition. The reference list entries must be arranged in alphabetical order and in hanging indent. Listed below is the basic reference formats.

*(Single-Spaced)*

**Articles in Periodicals**

*(Single-Spaced)*

Author, A. A., Author, B. B., & Author, C. C. (Year). Title of article. *Title of Periodical, volume number*(issue number), pages. https://doi.org/xx.xxx/yyyy

*(Single-Spaced)*

**Books**

*(Single-Spaced)*

Author, A. A. (Year of publication). *Title of work: Capital letter also for subtitle.* Publisher Name. DOI (if available)

*(Single-Spaced)*

**Dissertation or Master’s Thesis, Published**

*(Single-Spaced)*

Lastname, F. M. (Year). *Title of dissertation/thesis* (Publication No.) [Doctoral dissertation/Master’s thesis, Name of Institution Awarding the Degree]. Database or Archive Name.

*(Single-Spaced)*

**Dissertation or Master’s Thesis, Unpublished**

*(Single-Spaced)*

Lastname, F. M. (Year). *Title of dissertation/thesis* [Unpublished doctoral dissertation/master’s thesis]. Name of Institution Awarding the Degree.

*(Single-Spaced)*

**Conference Proceedings**

*(Single-Spaced)*

Lastname, F. M., & Lastname, F. M. (Eds.). (Year). *Title of Proceedings*. Publisher. URL (if applicable)

*(Single-Spaced)*

**Webpage or Piece of Online Content**

*(Single-Spaced)*

Lastname, F. M. (Year, Month Date). *Title of page*. Site name. URL

*(Single-Spaced)*

*Title of page*. (Year, Month Date). Site name. Retrieved Month Date, Year, from URL

*(Single-Spaced)*

**Online News Article**

*(Single-Spaced)*

Lastname, F. M. (Year, Month Date). Title of article. *Title of Publication*. URL